Softball Bat Size Chart

Last checked: November 3, 2026

Chart page (the live, interactive version):
https://findsportsusa.com/tools/softball-bat-size-chart/

A starting point, check fit and your league rules. These are makers' and leagues' published guidance, not measurements of your child.

Bat length by height and weight (Easton)

Easton's height and weight grid is published for bats in general and is not split by baseball and softball, so use it as a starting point for fastpitch.

Weight \ Height	36 to 40 in	41 to 45 in	46 to 48 in	49 to 52 in	53 to 56 in	57 to 60 in	61 to 64 in	65 to 68 in	69 to 72 in	73 in +
60 lbs or less	26	27	28	29	29	-	-	-	-	-
61 - 70 lbs	27	27	28	29	30	30	-	-	-	-
71 - 80 lbs	-	28	28	29	30	30	31	-	-	-
81 - 90 lbs	-	28	29	29	30	30	31	32	-	-
91 - 100 lbs	-	28	29	30	30	31	31	32	-	-
101 - 110 lbs	-	29	29	30	30	31	31	32	-	-
111 - 120 lbs	-	29	29	30	30	31	31	32	-	-
121 - 130 lbs	-	29	29	30	30	31	32	33	33	-
131 - 140 lbs	-	29	29	30	31	31	32	33	33	-
141 - 150 lbs	-	-	29	30	31	31	32	33	33	-
151 - 160 lbs	-	-	29	30	31	31	32	33	33	33
161 - 170 lbs	-	-	-	31	31	31	32	33	33	34
171 - 180 lbs	-	-	-	-	-	32	33	33	34	34
180+ lbs	-	-	-	-	-	-	33	33	34	34

Source: Easton (Rawlings) sizing charts: bats and gloves. Checked November 3, 2026.

Length by age

Age	Easton	DeMarini
5 to 7	24 to 26 in	24 to 26 in
8 to 9	26 to 28 in	26 to 28 in
10	28 to 29 in	28 to 29 in
11 to 12	30 to 31 in	30 to 31 in
13 to 14	31 to 32 in	31 to 32 in
15 to 16	32 to 33 in	32 to 33 in
17+	34 in	33 to 34 in

Source: Easton (Rawlings) sizing charts: bats and gloves; DeMarini: How to choose a fastpitch bat. Checked November 3, 2026.

Weight drop by age (fastpitch)

Age band	Weight drop
Ages 8-12	-12
Ages 8-13	-11
Age 12+	-10
Age 14+ (-10 or -9)	-9
Age 16+ (-10, -9 or -8)	-8

Source: DeMarini: How to choose a fastpitch bat. Checked November 3, 2026.

Little League softball limits

Division	Longest bat	Barrel	Bat mark
Little League softball (Minors, Majors)	33 in	2 1/4 in	BPF 1.20 printed on non-wood bats
Little League softball Junior and Senior	34 in	2 1/4 in	BPF 1.20 printed on non-wood bats

Source: Little League: Bat rules (softball). Checked November 3, 2026.

Sources

Easton (Rawlings) sizing charts: bats and gloves

https://easton.rawlings.com/information-sizing.html

Used for: Bat length by age and by height and weight; glove size by age and position. Checked November 3, 2026.

DeMarini: How to choose a fastpitch bat

https://www.demarini.com/en-us/pages/how-to-choose-a-fastpitch-bat

Used for: Most popular fastpitch length by age, weight drop by age. Checked November 3, 2026.

Little League: Bat rules (softball)

https://www.littleleague.org/playing-rules/bat-rules/#softball1

Used for: Softball bat length and barrel limits. Checked November 3, 2026.

Rules and charts change, so check the source pages and your league before you buy.